



## ECALD Course 3—Thursday, 10 June 2021 Waikato Hospital, Bryant Education Centre, LG8

### AM SESSION: Cultural Competency and Working with Interpreter

**Time:** 0830—1230

**Duration:** 4 hours

**Number:** 15 - 25 participants

**Accredited for** CME / CNE / MOP / CPD

**Prerequisite:** none

**Course information:** This course has been created as an introduction to building cultural competence when working with CALD migrant and refugee patients from Asian, Middle Eastern and African backgrounds and with Interpreters. It is a combination of the following courses from the CALD Cultural Competency Training Programme: *CALD 1 Culture and Cultural Competency* *CALD 4 Working with Interpreters*

**Audience:** It is intended for anyone working in secondary care, primary care or NGO sector.

**The aim** of the course is to increase your awareness of your own cultural values and of others; to improve your understanding of how cross cultural differences, expectations and beliefs about illness and disability can affect communication, consultation and diagnosis; and to improve your skills working with interpreters and CALD patients.

**Learning Outcomes:**

- Gain skills on how to apply the four elements of cultural competency (awareness, knowledge, sensitivity and skills) in practice to develop cultural competency.
- Gain skills on how to work with effectively with Interpreters; including pre-briefing, structuring a session and de-briefing.

**On completing this course you will** develop skills in cultural competency, and become aware of how assumptions, interpretations and judgements impact on how we communicate and understand our CALD patients/clients during consultations.

### PM SESSION: Working in Mental Health Context with CALD Patients

**Time:** 01300—1700

**Duration:** 4 hours

**Number:** 15—25 participants

**Accredited for** CME / CNE / MOP / CPD

**Prerequisite:** must complete **Cultural Competency and Work with Interpreter**

**Who can enrol:** Health professionals working in secondary care, primary care and NGO health sectors.

**Course information:** This course is intended for health professionals working in secondary care, primary care and NGO sectors who is currently providing mental health services to or who is planning/anticipating working with culturally and linguistically diverse (CALD) migrant and refugee clients from Asian, Middle Eastern and African backgrounds.

**The aim** of the course is to develop your skills to provide strategies' for managing cross-cultural interactions, screening, assessment, treatment and interventions when working with CALD clients in a mental health context.

**Learning Outcomes:**

Participants completing this course will be able to:

Become aware of the importance of a culturally oriented approach and cultural competence.

Have a better understanding of the issues surrounding mental health practice with CALD clients.

Gain skills to develop rapport with CALD clients.

Gain skills in cross-cultural clinical assessment and screening.

Develop skills in collaborative treatment planning with CALD clients.

**On completing this course you will** be able to develop skills to engage with CAL clients and their families, will have better understanding of the challenges or cross-cultural assessment and sensitive issues that impact on mental health engagement, screening, diagnosis and treatment outcome. You will have developed new skills for cross-cultural engagement, assessment, intervention and treatment.

### HOW TO REGISTER:

Email: [faye.blossom@waikatodhb.health.nz](mailto:faye.blossom@waikatodhb.health.nz)

RSVP by Thursday, 27 May 2021

Details required: Course Name, Course Date, Your Name, Designation and Area, Cellphone, Email



CALD Cultural  
Competency Courses

CALD refers to culturally and linguistically diverse groups who are migrants and refugees from Asian, Middle Eastern, Latin American and African (MELAA) backgrounds.

## Pre course reading



Before attending the Module 9 face to face course or starting the Module 9 online course **we highly recommend that you familiarise yourself with topics discussed in the Pre Course Reading for the Module 9 Working in a Mental Health Context with CALD clients course.** The Module 9 course will not repeat or explain in detail the information in this pre-course reading however some of the materials will be referred to in the course.

### The topics covered in the pre-course reading include:

- Why is cultural competency important?
- Mental Health as a Western Discipline
- Cross-cultural Issues in Assessment
- Western Frameworks
- Concept of Self Differs
- Aetiology
- Ethno-cultural Variations in Expressing Distress
- Ethno-cultural Identity
- Explanatory Models
- Help-seeking patterns
- CALD Assessment Tool
- Pointers for engaging in therapeutic interventions
- Transference Issues
- Overall Cultural Assessment for Diagnosis and Care
- Applicability of Therapeutic Treatments

You will be given an extra hour on your certificate of attendance for the time take to go through this pre-reading.